

# KATE BOATRIGHT, VMD

Veterinarian. Author. Speaker. Mentor.

## ADDITIONAL TOPICS:



### Emergency Stabilization for General Practitioners

**Target Audience: Veterinarians, Technicians**

This presentation will review common emergency presentations including blocked cats, trauma cases, and respiratory distress. Initial evaluation and stabilization that can be performed by the general practitioner prior to transfer to an emergency clinic will be the focus of this lecture. We will also discuss improving communication and relationships between emergency and general practice clinics.



### Self-Care Isn't Selfish: Building Your Wellness Toolbox

**Target Audience: Veterinarians, Technicians, Team Members**

How do you thrive in your veterinary career for 5, 10, or even 50 years? You learn to make self-care a priority. This lecture will begin with a brief review of the state of mental health in the veterinary profession. A discussion of recognizing burnout in ourselves and our team will follow using Dr. Boatright's personal walk through professional burnout. We will explore tools and skills that can be used both to recover from and prevent burnout at the individual and team level, including setting boundaries and cultivating resilience. (This can be presented as a 1 or 2 hour session).



### Using the Whole Clinical Team to Maximize Preventive Care Compliance

**Target Audience: Veterinarians, Technicians, Team Members, and Managers**

Preventive care protocols allow clinics to provide consistent recommendations to their clients and maximize patient health. Client compliance with these recommendations will be most successful when they are heard repeatedly from multiple team members. It is essential that every team member understands the reasons behind the recommendations and knows how to communicate them. This lecture will discuss the creation and implementation of preventive care protocols in your clinic including their development, team training with a specific emphasis on leveraging veterinary technicians in a primary client education role, and marketing preventive care to clients outside of the exam room.



### Promoting Wellbeing in the Workplace (2 hour session)


**Target Audience: Veterinarians, Managers, and Practice Owners**

Burnout and mental health challenges are widely recognized in the veterinary profession and affect all members of the veterinary team. These struggles can lead to increased turnover in the clinic and attrition from the profession, leading to significant financial impacts on the industry. This lecture will explore the state of mental health in the veterinary profession and discuss how to recognize burnout in ourselves and our team. We will explore tools and skills that can be used both to recover from and prevent burnout at the individual and hospital level.



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All lectures can be presented in person or as an interactive webinar.